

## Choices - beds

There are currently 14 inpatient beds at Edenbridge Hospital, where people are admitted when they are recovering from an accident or illness and are not able to be treated at home.

We are really aware of how valued the inpatient beds are and how excellent the care has been at the hospital but we do not feel that this is the best way to use the money available for health and care in Edenbridge.

On average only three beds are **needed** at any given time for people who live in and around Edenbridge. This is based on the age and health needs of the population.

And in practice, at any time only two of the beds in Edenbridge Hospital are **used** by Edenbridge residents. They typically stay in the hospital for around four weeks including at least a week after they are medically well enough to go home. Often, this is because there are not enough services to support them at home.

To put this into perspective, the money that it costs to provide care for these 24 people a year could be used to give day care to between 500 and 1500 people a year in Edenbridge – potentially preventing some of them becoming so unwell they need to go to an acute (main) hospital.

Instead of inpatient beds, day beds could allow staff to provide care that many local older people currently travel to Maidstone and Tunbridge Wells for. This would be care that does not require an overnight stay such as clinics, assessment, intravenous drips, complex blood tests and other support and treatment.

This would not just help more people. It would also do more to keep people well and at home. Long stays, even in community hospitals, are not good for older people. Ten days in hospital (acute or community) causes the equivalent of ten years' muscle ageing in people over 80.<sup>1</sup>

For these reasons, our preferred option is to have day care services rather than inpatient beds.

<sup>1</sup>From a study by Kortebein P, Symons TB, Ferrando A, et al. (2008): Functional impact of 10 days of bed rest in healthy older adults.

# Public consultation on Health services for Edenbridge

What do you think?

## Your opportunity to make your views known

1 February to 26 April 2017  
Summary Document

## Giving your views - how to respond

There are several ways in which you can respond:

Visit [www.westkentccg.nhs.uk/edenbridgefuture](http://www.westkentccg.nhs.uk/edenbridgefuture) where you can give your feedback online and read the full consultation document which has much more detail

Tweet [@NHS WestKentCCG](https://twitter.com/NHSWestKentCCG)

Email [engagement.secsu@nhs.net](mailto:engagement.secsu@nhs.net)

Call **03000 424348**

Or come and discuss our plans at one of the meetings below:

- **Rickards Hall, High Street**  
Tuesday 7 February  
6.30 to 8.30pm
- **WI Hall, Station Road**  
**Hosted by Tom Tugendhat MP**  
Saturday 25 March 11.30am to 1pm
- **Eden Centre, Four Elms Road**  
Monday 13 March 4 to 5pm
- **Edenbridge Leisure Centre, Stangrove Park**  
Tuesday 25 April 6.30 to 8.30pm

A full consultation document is available if you would like more information. This can be downloaded from our website or you can pick one up from:

- **Edenbridge Medical Practice**
- **Edenbridge and District War Memorial Hospital**
- **The Eden Centre**

The NHS organisations in Edenbridge are looking at how we can strengthen care for local people at a time of growing demand.

We talked to you about this last year and, based on what you told us, we have now developed four possible options – one of which is our preferred option – for how health services can be provided in Edenbridge in the future.

### Option 1a

#### This is our preferred option

#### New build, new site, new day care services, no inpatient beds

Develop a modern, purpose-built combined hospital/ surgery on a new site with no inpatient beds, but plenty of space for additional clinical services including day care beds (see p4 for details) and extra community support, with 140 parking spaces.

### Option 1b

#### New build, new site with inpatient beds, no new services

Develop a modern, purpose-built combined hospital/ surgery on a new site with inpatient beds, but no additional clinical services or community support, with 140 parking spaces.

### Two possible options are given for a new site:

**Kent County Council land on the south side of Four Elms Road:** near the Eden Centre. This is a green belt site.

**Cooper's Estate land on south side of Four Elms Road:** slightly further out of town. This is also a green belt site.

### Option 2a

#### New build, on the hospital site, no beds, new services

Demolish the existing hospital building and replace with a modern purpose built combined hospital/ surgery with two or three storeys, with no inpatient beds, but plenty of space for additional clinical services, including day care beds, and community support, with 140 parking spaces.

### Option 2b

#### New build, hospital site, inpatient beds, no new services

Demolish the existing hospital building and replace with a modern purpose built combined hospital/surgery with two or three storeys, with inpatient beds, but no additional clinical services or community support, with 140 parking spaces.

Option 2a and 2b are based on building a new combined hospital/surgery on the existing site of Edenbridge and District War Memorial Hospital, Mill Hill. They would mean demolishing the existing hospital and could require some of the land next to the site, which is in the green belt.

We also considered a number of other options: refurbishing and extending the hospital to incorporate the GP surgery, just updating the GP surgery or doing nothing. We ruled these out because none of them delivers good enough care for the people of Edenbridge and so we cannot support them.

### Preferred option

Our preferred option, based on clinical evidence of what will benefit most people, and will provide the right care for generations to come, is a combined hospital/surgery, which offers more services and does not have inpatient beds, on a new site. We believe that this option will benefit the greatest number of people in Edenbridge, will best meet local people's needs – frail older people, young families and the whole community - and will allow us to make best use of the staff and funding available. We have been clear from the start that, while we are not cutting funding, there is no extra money to spend on running services in Edenbridge.

We are proposing that a combined hospital/GP surgery would provide the following but we want to hear what you think.



### Primary care – GP-type services:

- enough general clinics and additional consulting rooms for GPs, nurses, healthcare assistants and GP trainees to meet demand as the population grows over coming years
- a dispensary where people can pick up their medicines

(already established in the current practice) possibly with a pharmacist on site working with patients and other staff to offer advice

- space for new services, including social care, and meetings for staff to discuss patient care and social care navigators
- space for support staff

### Hospital space:

- urgent care area with minor injury unit (MIU) and x-ray, ultrasound and blood tests
- specialist minor surgery facilities, for example, for removing moles or skin tags
- clinic rooms including one suitable for hearing tests and foot care services

- day hospital for patients with dementia and other long term conditions
- physiotherapy gym for use in rehabilitation
- day care beds where patients can receive additional treatments during the day and go home at night.

### General space:

- larger meeting room where a wide range of staff can meet to discuss patient care
- accommodation for staff induction and training programmes
- café with meals and refreshments for patients, staff and visitors

- space for voluntary sector organisations and community groups to provide wellbeing activities that are not already provided elsewhere in the town
- a base for the hospital's League of Friends and the practice's Patient Participation Group.